Neighborhood Prayer Notes

and keep track of things God lays on your heart to pray for.				

The Neighborhood Prayer Project

Let's get out and go for a walk around our own neighborhood. Let's pray as we go, for the people who live in the homes we pass. Let's do our best to meet and get to know our neighbors. Even if you can't get out to walk you can still pray for the neighbors who live all around you. Below, is a simple way to BLESS our neighbors with prayer as we walk. The following pages give us more detail on how to start Prayerwalking in your neighborhood. You can do it alone, with a partner or in groups of 2 or 3.

Use the acronym BLESS

Pray for God's <u>BLESS</u>ing for the homes and families you pass:

- B Body health, healing, protection
- L Labor work, school, other tasks
- E Emotional to experience peace, joy, inner healing
- S Social harmony in relationships, families, reconciliation
- S Spiritual open their eyes, for hunger for God, move toward God, salvation

Prayerwalking in Waynesboro

1. What is Prayerwalking?

"Praying on site with insight"

As we walk, the Spirit of God will give us insight into the needs in our town. He will help us to see things in our surroundings through Jesus' eyes. God is eager to meet needs and to meet people where they are. As we pass a home we pray.

2. What is our Purpose in Prayerwalking?

- To bless. Ask God's blessing, love and favor on people – their physical health, their job and occupations, their emotional, social and spiritual health.
- To bring Light into darkness, penetrate, effect change, bring grace and revelation.
- To repossess areas/land for God's control and his kingdom. (In Genesis 13, God told Abraham to "walk the land, for I am giving it to you." He told Joshua (1:3) I will give you every place where you set your foot.) We are representatives of the Kingdom of God.

3. What is our Procedure in Prayerwalking

Conversational prayer. **Ask**, **listen**, **pray**, **proclaim**.

Ask - Lord, what do you want me to see here? How do you want me to pray?

Listen - Silences are ok. This is a conversation between you and Jesus and your walking partners.

Pray – to bless, and whatever else the Spirit prompts you to pray.

Proclaim – God's Kingdom is here. Your Kingdom come more, Your will be done more in this place.

Talk - to people who are out, if it seems natural. Share with them what you are doing; ask if there's anything you can pray for for them. Then do it! (Make it short, sweet and thankful!)

- 4. <u>Become a Person of Secret Influence</u> carry these practices into your life, when you are driving, shopping, walking. You will look at people in a different way, and you can influence them toward God.
- 5. Our plan in Prayerwalking By yourself, in pairs, or in groups. Before you go out, pray for protection and praise our Lord!

 Jot notes as you are walking: things you prayed about, ideas to share with others.

 Mark your walking course on the map at church to help us see where we have been praying and areas that could use prayer.